**Finding Hope Adolescent Counseling Center, LLC**

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Dear Families,

I am excited to announce that I am now able to offer Remote In-Home Neurofeedback for my clients! What that means is I am able to send you all the necessary equipment to use with a compatible laptop & monitor (of your own) in your home and I can run the neurofeedback session from my home while we are on a video session.   
  
**How do sessions work:**  
- I will teach you and/or your child to put the sensors on, plug them in and then I do the rest.   
- You'll need a comfortable chair to sit in where the screen is easily visible, much like the set-up in my office.  
- You can also learn to run the software and then you'll just need periodic neurofeedback check-ins for me to make adjustments. And then you can do training up to 3x/week (which increases outcomes, etc.)  
  
**Cost:**  
- 2-channel amps are what most of you will need. ($1000 to purchase)  
- Everyone has to "rent" or license the software monthly ($95/Month)  
- You must have a laptop or computer that meets their requirements (or purchase one - See Below) and **an external monitor**  
  
**Laptop Requirements:**- [Click here for minimum requirements for laptop.](https://eegstore.com/content/minimum-requirements" \t "_blank)  
- Macs are not compatible unfortunately  
- If you need to purchase a laptop, I have used ASUS for both of mine and it works very well with them  
- You will also need an external monitor or compatible TV to project the game onto